

The Duke of Edinburgh's Award

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www.servicesforyoungpeople.org



Services for
Young People

What is The Duke of Edinburgh's Award?

- ▶ A voluntary, non-competitive and flexible programme of cultural and adventurous activities for all young people aged between 13 and 24 years old, whatever their background or ability.

BRONZE Volunteering 3 months Physical 3 months Skills 3 months Expedition 2 days 1 night	<i>PLUS a further 3 months in the Volunteering, Physical or Skills section.</i>	SILVER Volunteering 6 months Physical Skills Expedition 3 days 2 nights	<i>Plus an extra 6 months in the Volunteering, or the longer of the Physical or Skills sections if you haven't got Bronze.</i>
GOLD Volunteering 12 months Physical Skills Expedition 4 days 3 nights Residential 5 days 4 nights	<i>Plus an extra 6 months in the Volunteering, or longer of the Skills or Physical sections, if you haven't got Silver.</i>	STARTING AGES: Bronze Year 9+	Silver Year 10+
		Gold 16 yrs	

All Awards must be completed by the participant's 25th birthday

What is The Duke of Edinburgh's Award?



Volunteering

Undertaking service to individuals or the community



Physical

Improving in an area of sport, dance or fitness activities



Skills

Developing practical and social skills and personal interests



Expedition

Planning, training for and completion of an adventurous journey in the UK or abroad



Residential ●

Working and staying away from home doing a shared activity.
To be done at Gold level

Volunteering, Physical and Skills sections need to be undertaken for a minimum of one hour per week, for a pre determined number of months. The activities can be done as part of an organised group or individually.


Why should a young person do a DofE Award?

- ▶ Self-belief and self-confidence
- ▶ A sense of identity
- ▶ Initiative and a sense of responsibility
- ▶ A real awareness of their strengths
- ▶ New talents and abilities
- ▶ The ability to plan and use time effectively
- ▶ Learning from and giving to others in the community
- ▶ Forming new friendships
- ▶ Problem solving, presentation and communication skills
- ▶ Leadership and teamworking skills

How does offering the DofE Award help the establishment, staff and students?

- ▶ Relationship building with pupils
- ▶ Improved behaviour
- ▶ Improved confidence
- ▶ Raising of aspirations and attainment – (participants set their own achievable goals)
- ▶ Pupils support each other on a wider scale, increased peer mentoring
- ▶ Staff CPD
- ▶ DofE is recognised nationally, and supports Ofsted criteria
- ▶ Enhanced Reputation

Contact, find and follow

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