

Hertfordshire Young People's Survey 2021

Name of presenter

Job title

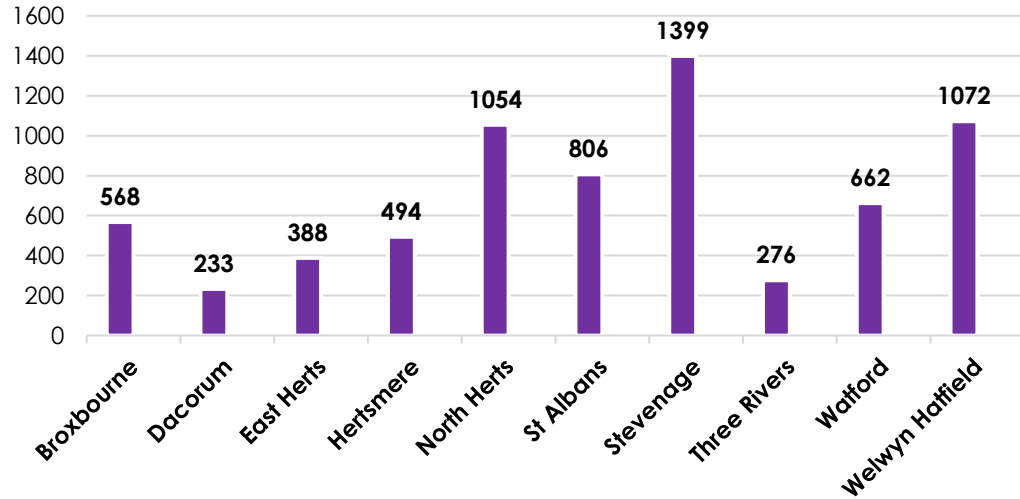
29th June 2022

Hertfordshire Young People's Survey 2021

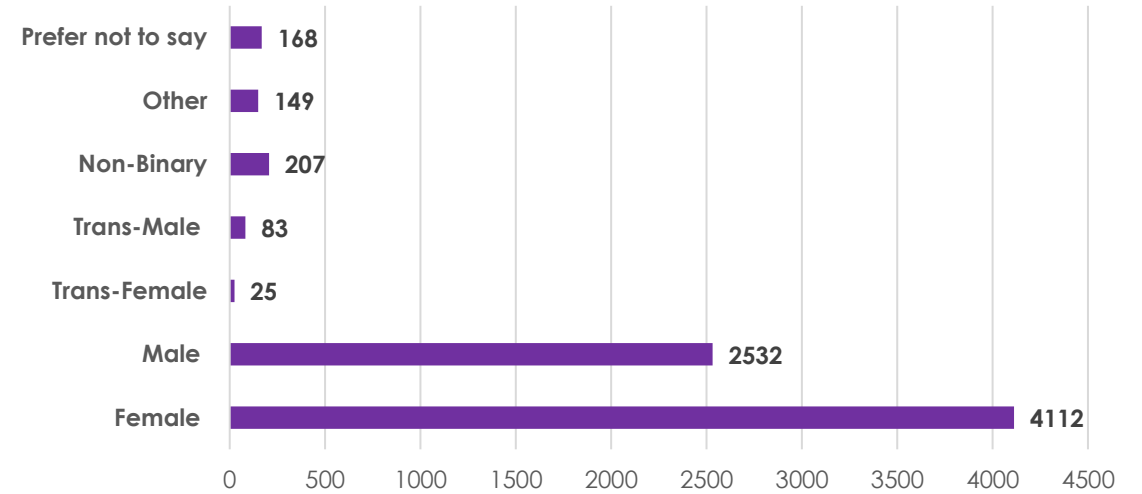
Prize Draw Winner

The logo for Goffs Academy, featuring a stylized gold 'G' with a golf ball on top, followed by the text 'Goffs Academy' in a gold serif font.

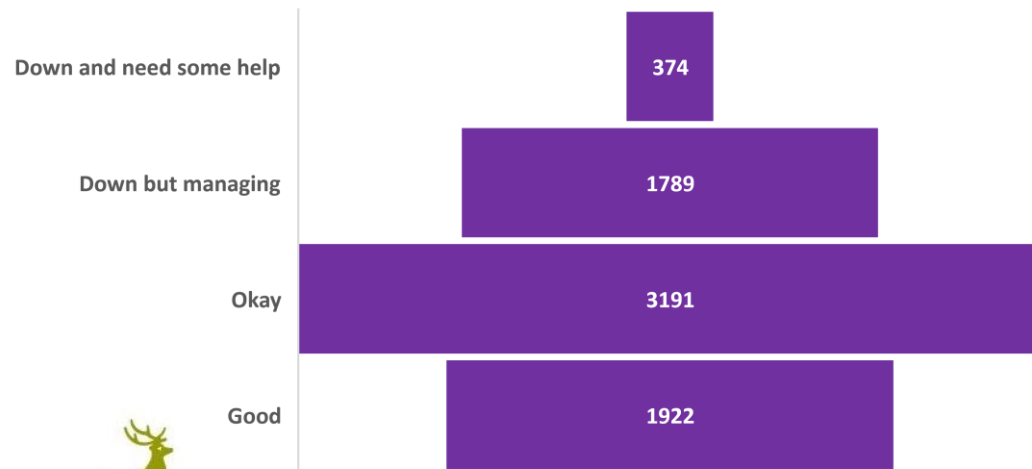
Where do you live?



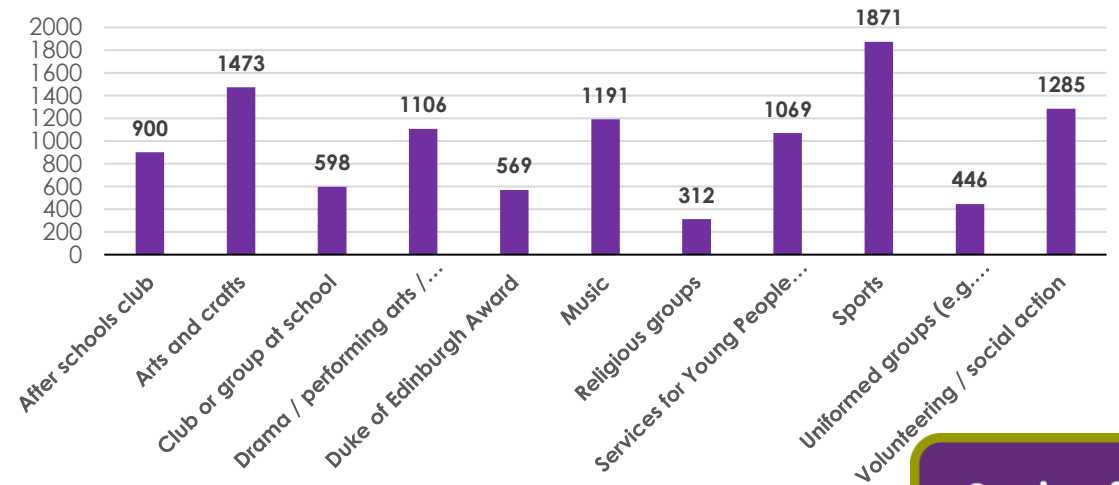
How young people identified themselves



How are you feeling today?



What would you like to see more of...



Mental Health and Wellbeing

The **SfYP Supporting You** project is a 10-week programme for young people who are beginning to show early signs of stress, anxiety or low mood. The programme is based on CBT techniques, focusing on the links between thoughts, feelings and behaviours and is delivered in a fun workshop style environment.

Young people can also drop into or book an appointment at any of our 10 **Access Point Projects** across Hertfordshire, where they can meet with an adviser or Youth Worker for 1:1 support.

GCSE
Choices

Gap Year

Interview
Experience

Apprenti
ceships

Support for...

Work
Related
Learning

Practical
'Trade'
Courses

CV
Guidance

University
Life

Education about life skills such as cooking, travelling, banking, staying safe out at night, password security, pollution.

I generally think Hertfordshire is a safe place to grow up, but I do feel that we could benefit more from talks in schools about bullying, future careers, county lines etc.

Help people identify themselves with LGBT+ and their ethnicity and learn to appreciate themselves for who they are.

Add more youth volunteering opportunities for children 11-15 so they can develop more skills.

Get people from all careers into visit schools like the RAF, Mi6, other teachers, government.

I just want to say thank you, sometimes all I need is to be able to express my feeling without the fear of judgement. And even answering this survey has taken some weight of my shoulders.
That's all - thank you 😊

We don't just need support dealing with problems as they arise. We need preventative measures to stop the issues arising in the first place.

Contact, find and follow



0300 123 7538



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